

1. Home (<https://www.gov.uk/>)
2. Coronavirus (COVID-19) (<https://www.gov.uk/coronavirus-taxon>)
3. Driving and transport in the UK during coronavirus (<https://www.gov.uk/coronavirus-taxon/driving-and-transport-in-the-uk>)

News story

COVID-19 essential travel guidance

Guidance and advice to avoid non-essential travel in the UK.

Published 22 March 2020

From:

Ministry of Housing, Communities & Local Government (<https://www.gov.uk/government/organisations/ministry-of-housing-communities-and-local-government>), Department for Digital, Culture, Media & Sport (<https://www.gov.uk/government/organisations/department-for-digital-culture-media-sport>), Department for Transport (<https://www.gov.uk/government/organisations/department-for-transport>), Department of Health and Social Care (<https://www.gov.uk/government/organisations/department-of-health-and-social-care>), Department for Environment, Food & Rural Affairs (<https://www.gov.uk/government/organisations/department-for-environment-food-rural-affairs>), Office of the Secretary of State for Scotland (<https://www.gov.uk/government/organisations/office-of-the-secretary-of-state-for-scotland>), and Office of the Secretary of State for Wales (<https://www.gov.uk/government/organisations/office-of-the-secretary-of-state-for-wales>)



Following on from the government's guidance on social distancing (<https://www.gov.uk/government/publications/staying-alert-and-safe-social-distancing>) in relation to COVID-19, people should avoid travelling unless it is essential.

You should stay at home as much as possible.

The reasons you may leave home include:

- For work, where you cannot work at home
- Going to shops that are permitted to be open - to get things like food and medicine
- To exercise or spend time outdoors
- Any medical need, including to donate blood, avoid illness or injury, escape risk of harm, or to provide care or help to a vulnerable person

Who this guidance is for

This guidance is for people planning to visit second homes or holiday premises during the coronavirus (COVID-19) pandemic.

Essential travel does not include visits to second homes, camp sites, caravan parks or similar, whether for isolation purposes or holidays. People must remain in their primary residence. Not taking these steps puts additional pressure on communities and services that are already at risk.

People with holiday homes and caravans are still not permitted to travel to their second home or to stay overnight. Leaving your home - the place you live - to stay at another home is not allowed.

Further guidance:

- Coronavirus (COVID-19): safer travel guidance for passengers (<https://www.gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers>)
- British citizens travelling abroad (<https://www.gov.uk/guidance/travel-advice-novel-coronavirus>)
- Foreign travel advice by country (<https://www.gov.uk/foreign-travel-advice>)

Published 22 March 2020

Related content

- Coronavirus (COVID-19): transport and travel guidance (<https://www.gov.uk/government/collections/coronavirus-covid-19-transport-and-travel-guidance>)
- COVID-19 advice for accommodation providers (<https://www.gov.uk/guidance/covid-19-advice-for-accommodation-providers>)
- Coronavirus outbreak FAQs: what you can and can't do (<https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do>)

Explore the topic

- Housing, local and community (<https://www.gov.uk/housing-local-and-community>)
- Tourism (<https://www.gov.uk/society-and-culture/tourism>)
- Health and social care (<https://www.gov.uk/health-and-social-care>)
- Driving and transport in the UK during coronavirus (<https://www.gov.uk/coronavirus-taxon/driving-and-transport-in-the-uk>)

Topical events

- Coronavirus (COVID-19): UK government response (<https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response>)