

# East Lancashire Prostate Cancer Support Group Newsletter



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## A Wartime Trilogy Sale Adds to Scanner Fund by £100

### Forward

At the November meeting the Author James Sinclair donated 10 of his latest publication A Wartime Tri-

Once again James Sinclair relives his childhood as he relates the continuing story of his

spewing out grimy black smoke. He was missing North Wales already, with the clean sea air, and surrounding hills and mountains.



James Sinclair signing his books at the November Meeting with the attending members whilst the reporter from the Burnley Express covers the story.

ogy to help raise funds for the Burnley Hospital Prostate Scanner Appeal.

***The sale of the 10 Books raised £100***

return from evacuation, for yet another life in another town, Nelson in Lancashire.

From what he had seen earlier on the train he wasn't impressed, the ugly mill town, with towering mill chimneys

For all who enjoyed reading A Way Out, and Welsh Scouse, you are surely in for a treat as Sinclair completes the trilogy with the Cobbled Slope.

As before all the experiences are true as re-



Dear Support Groups

Over the past year Prostate Cancer UK and the Prostate Cancer Support Federation have been consulting with support groups about the needs which groups have. We 've listened to your opinions on the sort of support and resources which groups would find valuable in order to help fulfil their roles and support men. We are grateful for all the valuable input and insights received through our survey and consultation events.

We believe that all men should have access to good quality support and information, so we' ve used the information gathered to develop a range of resources. Prostate Cancer UK will make these resources available to all groups to help them provide better support in their local communities and address the needs identified. We also want to give groups clarity about what we are able to offer, whilst ensuring that groups retain their own identity and independence.

Prostate Cancer UK and the Prostate Cancer Support Federation are also continuing to work together to develop joint initiatives. These include signposting and promotion of each others' activities, campaigning activity, and health professional education.

We have enclosed an information sheet which gives more information about the support we would like to offer to groups, and also a response sheet which you can use to register your interest in accessing the resources.

We would be happy to answer any queries about the offer of support. These can be directed to Ann MacEwan, Prostate Cancer UK Support Group Development Manager on 0141 314 0050 or at [ann.macewan@prostatecanceruk.org](mailto:ann.macewan@prostatecanceruk.org)

Yours sincerely

Heather Blake

Director of Services

Prostate Cancer UK

Rowena Bartlett

Chief Executive

Prostate Cancer Support Federation

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# Levels of Engagement between Support Groups and Prostate Cancer UK

## Background

This proposal is based on views from support group members gathered from research conducted by a team from Aberdeen University, a survey of independent support groups conducted by Yvonne Coull and face to face consultation events run by Ann MacEwan (Prostate Cancer UK) and Rowena Bartlett (Prostate Cancer Support Federation - PCSF).

The combined evidence suggests that groups around the UK are expressing a desire to be able to access varying types and levels of additional support. The nature of that support included:

help to enable more communication between groups

the provision of resources and practical assistance

support to enable groups to extend their range of activities/services and their potential reach

assistance to increase the ability of groups to provide high quality support to people affected by prostate cancer.

There was also a view that it would be helpful to some groups to be able to participate in some form of quality assurance arrangement as they felt it could provide their membership, potential new members, referrers and funders with assurances about the support which the group provides. However groups are generally keen at the same time to maintain their own identity and autonomy, and in many cases their focus on campaigning or fundraising in addition to providing more direct support to their members.

There was also a strong amount of support for the view that Prostate Cancer UK and PCSF should work jointly in a number of areas, including signposting and promotion of each others' activities, campaigning activity and health professional education and a joint approach to these activities is being developed.

This paper sets out below a way in which groups could be offered help and resources for the core function of supporting men with prostate cancer. There are two suggested levels of engagement, a looser "affiliated" level and a closer "partner" level, with the "partner" involving an element of quality assurance of the support provided to men. The proposal sets out what Prostate Cancer UK would undertake to do in each of the categories and what groups would undertake to do. Groups would be able to decide which level they would like to be at, or whether they prefer not to engage at either level, or if they would want to start as "affiliated" and benefit from the training and resources offered by Prostate Cancer UK, and the input of the Support Group Development Officer, to become a "partner". Under both categories groups would maintain their autonomy and own identity – we want to make it clear that we are not in any sense proposing a membership model, but rather a way of being able to work in partnership for the benefit of men with prostate cancer.

There were other ideas and suggestions which emerged from the various consultations and evidence gathering which were conducted, however this proposal has drawn together some of the most immediately achievable ones. Some of the others will be developed further for potential implementation at a later stage.

***Level******What Prostate Cancer UK would agree to do******What groups would agree to do***

Affiliated Group:  
This level offers practical support and access to resources. In return there are some expectations placed on groups.

Group can be listed on the Prostate Cancer UK website directory of support groups.

The specialist nurses on the Helpline can signpost callers to the group.

Group would receive mailings from Prostate Cancer UK containing information which might be of interest to their members.

Group would have access to free literature.

Group would be included in Prostate Cancer UK consultations and surveys where appropriate.

Group would have the possibility of working with the Community Support Services Team to commission services in their local area.

Group would have access to discounted places at events run by Prostate Cancer UK (where such places would normally incur a cost).

Group would be eligible to apply for grant funding of up to £500.

Group would have access to free training provided by Prostate Cancer UK.

Group would be invited to networking events run by Prostate Cancer UK.

Prostate Cancer UK would pay 50% of the group's membership subscription of PCSF.

Group would have access to support from a Support Group Development Officer (e.g. ordering resources, accessing training etc).

Group would be responsible for providing and updating Prostate Cancer UK with current contact details and meeting dates/ venues to ensure the website and contact details are up to date.

Group would undertake to advertise and encourage involvement in Prostate Cancer UK volunteering and campaigning opportunities and support fundraising campaigns.

Group would provide basic information to Prostate Cancer UK on membership size and range of activities.

Groups would respond to consultations carried out by or on behalf of Prostate Cancer

## ***Level***

## ***What Prostate Cancer UK would agree to do***

## ***What groups would agree to do***

### **Partner Group:**

As well as offering practical support and resources, this level offers a form of recognition by the Charity which gives groups the opportunity to demonstrate their commitment to providing good quality support.

### **As above, plus:**

Free places at Prostate Cancer UK events.

Group would be eligible to apply for grant funding of up to £1000. Prostate Cancer UK would pay 100% of the membership subscription to the Federation for the group. Group would have access to public liability insurance.

Group would be given the opportunity to receive a 50% share of income when actively supporting agreed Prostate Cancer UK fundraising activities.

Group would be given use of additional Prostate Cancer UK branded materials (banners, t-shirts, pens, key-rings, mugs).

Group would be able to gain access to the use of the Prostate Cancer UK logo e.g. to produce jointly branded items subject to branding protocols.

Group would be given the opportunity to participate in various Advisory Panels within Prostate Cancer UK.

### **As previous page, plus:**

Group would show evidence of basic good management and evidence that they are meeting the support needs of men, demonstrating an ongoing commitment to providing good quality support in their local area. This would be regularly reviewed to maintain the integrity of the achievement.

Where the Group wished to use the Prostate Cancer UK logo it would agree to protocols for this.

Group would acknowledge Prostate Cancer UK support in their publicity.



## Support Group Response Form

Group Name:

Group Contact Details:

Name:

Address:

Postcode:

Telephone (home and/or mobile):

Email:

We want to update you on our fight against prostate cancer and tell you about other opportunities to support men.

You can help us reduce our costs by ticking the box below to let us share this with you by email - you'll be able to unsubscribe at any time.

- Yes, please keep me informed by email
- Please don't phone
- Please don't post

Our group would like to (tick as appropriate):

- Only have our details listed on the Prostate Cancer UK website
- Access resources as an affiliated group
- Access resources as a partner group

Please return this form to:

Ann MacEwan

FREEPOST RRZS-LJBC-YALJ

Prostate Cancer UK

Unit 22-24 Festival Business Centre

150 Brand Street

Glasgow G51 1DH

Or email this form to [ann.macewan@prostatecanceruk.org](mailto:ann.macewan@prostatecanceruk.org)

When we have received your response we will contact you with further information.

If you have any questions please contact Ann either by email or on 0141 314 0050.

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From Left to Right Hazel Goulding (Treasurer) Leon D Wright (IT Admin) Stuart Marshall (Secretary) Steve Laird (Vice Chairman) Dave Riley (Chairman)

## Contact Information

Tel: 07548 033930  
E Mail [leondwright4@gmail.com](mailto:leondwright4@gmail.com)

We are a group of local people who know about prostate cancer. We are a friendly organisation dedicated to offering support to men who have had or who are experiencing the effects of this potentially life threatening disease.

The East Lanc's Prostate Cancer Support Group offers a place for free exchange of information and help for local men and their supporters (family and friends) who may be affected by this increasingly common form of male cancer.

At each meeting we strive to be a happy, supportive and upbeat group of people; encouraging open discussion on what can be a very difficult and perhaps for some an embarrassing subject. We have lively, informative, interactive, sharing and above all supportive meetings.

Don't Forget this next Thursday Special  
Christmas Meeting  
Please bring as many  
friends and family as  
you wish, everybody is  
welcome!



## *Minutes*

Apologies for the minutes, they will follow as soon as we can process them .