



GOOD SESSION?
BAD CASE OF DIARRHOEA? MAYBE IT'S...

SHIGELLA

It's caught from tiny amounts of shit
getting into your mouth during sex

Shigella causes severe diarrhoea (sometimes bloody), stomach cramps and fever, and is often mistaken for food poisoning.

GAY & BISEXUAL MEN ARE AT RISK

To avoid getting Shigella:

- ▶ Wash your hands during and after sex (arse and dick too if you can).
- ▶ Use protection for fingering, fisting and rimming – and don't forget condoms.

Get medical advice if you think you have it, mentioning Shigella, for treatment.

FOR MORE INFORMATION:

Call Terrence Higgins Trust on **0808 802 1221**
or visit **www.tht.org.uk/shigella**



Public Health
England

PHE gateway number: 2013252
Produced by Williams Lea on behalf of Public Health England with the support of Terrence Higgins Trust





GOOD SESSION?

BAD CASE OF DIARRHOEA? MAYBE IT'S...

SHIGELLA

It's caused by bacteria in faeces
getting into your mouth during sex

Shigella causes severe diarrhoea (sometimes bloody), stomach cramps and fever, and is often mistaken for food poisoning.

GAY & BISEXUAL MEN ARE AT RISK

To avoid getting Shigella:

- ▶ Wash your hands during and after sex (anus and penis too if you can).
- ▶ Use protection for fingering, fisting and rimming – and don't forget condoms.

Get medical advice if you think you have it, mentioning Shigella, for treatment.

FOR MORE INFORMATION:

Call Terrence Higgins Trust on **0808 802 1221**
or visit www.tht.org.uk/shigella



Public Health
England



PHE gateway number: 2013252

Produced by Williams Lea on behalf of Public Health England with the support of Terrence Higgins Trust