



**MORE THAN 720,000  
PEOPLE DIE DUE TO  
SUICIDE EVERY YEAR**

**10 SEPTEMBER**



**World Suicide  
Prevention Day**



[www.iasp.info/wspd](http://www.iasp.info/wspd)



# How are you?

Sad? Stressed? Anxious? Worried? Hopeless?  
Angry? Tearful? Overwhelmed? Want help?

